

Wellness Policy Assessment SY 14-15

		Not established	Somewhat established	Fairly well-established	Well established
Nutrition education shall be integrated into other areas of the curriculum such as art, language arts, mathematics, music, physical education, science, and social studies.	School Compliance	3.95%	35.53%	42.11%	18.42%
The school cafeteria shall serve as a “learning laboratory” to allow students to apply critical thinking skills taught in the classroom.	School Compliance	22.08%	35.06%	35.06%	7.79%
The schools shall provide information to families that encourage them to teach their children about good nutrition and to provide nutritious meals for their families.	School Compliance	9.21%	26.32%	43.42%	21.05%
Students shall be encouraged to start each day with a healthy breakfast.	School Compliance	3.80%	7.59%	26.58%	62.03%
		Never	Seldom	Sometimes	Always
Whole grain rich foods are offered daily.	School Compliance	0.00%	2.50%	25.00%	72.50%
		Never Served	Seldom Served	Sometimes Served	Always Served
Fruits & Vegetables – Non fried no sugar added fruits/vegetables:	School Compliance	6.33%	3.80%	12.66%	77.22%
Low fat and fat-free milk is:	School Compliance	0.00%	0.00%	3.80%	96.20%
A la carte fried foods are:	School Compliance	70.27%	4.05%	8.11%	17.57%
		Never	Seldom	Sometimes	Always
Food Services shall make fresh fruits and vegetables available for purchase near other a la carte food items.	School Compliance	17.14%	2.86%	11.43%	68.57%
		Never Served	Seldom Served	Sometimes Served	Always Served
Food Services is selling only single serve pre-packaged a la carte items where applicable.	School Compliance	32.86%	11.43%	25.71%	30.00%

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		Never	Seldom	Sometimes	Always
Food Services offers a la carte items that are in line with the 2010 Healthy Hunger Free Kids Act- decreased sugar- < 35% calories from fat- < 10% calories from saturated fat & 0g trans fat- increased whole grains.	School Compliance	22.86%	4.29%	24.29%	48.57%
All vending machines provide only single serving snacks.	School Compliance	58.73%	0.00%	7.94%	33.33%
All snacks in vending machines meet at least two, with at least 50% or more of the items in the machines meeting three or more of the following: three hundred (300) or fewer calories; six grams of fat or less; one or more grams of fiber; and at least 10% of the RDA for calcium, iron, vitamin A or vitamin C.	School Compliance	57.38%	6.56%	14.75%	21.31%
Beverage Vending Machines meet the 2010 Healthy Hunger Free Kids Act.	School Compliance	51.52%	4.55%	13.64%	30.30%
The National Association of State Boards of Education recommends that students should be provided adequate time to eat breakfast and lunch, i.e., at least 10 minutes for breakfast and 20 minutes for lunch, from the time the student is seated.	School Compliance	1.32%	0.00%	2.63%	96.05%
Cafeterias should include enough serving areas so that students do not have to spend too much time waiting in line.	School Compliance	0.00%	1.30%	16.88%	81.82%

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Dining areas should be attractive, given an appropriate number of serving periods and have enough space for seating all students. The cafeteria should be designed and decorated in such a way that students can relax, eat and socialize without feeling hurried or claustrophobic. Students, parents, educators, administrators and School Food Service personnel should work together to design the best environment for each school.	School Compliance	0.00%	5.33%	25.33%	69.33%
All School Food Service employees will wear appropriate, attractive uniforms to complement the eating environment.	School Compliance	0.00%	5.26%	5.26%	89.47%
School Food Service employees will exhibit an attitude conducive to promoting optimal customer relations.	School Compliance	0.00%	7.79%	22.08%	70.13%
Schools shall prohibit the use of physical activity and the withholding of physical activity as punishment.	School Compliance	0.00%	0.00%	15.79%	84.21%
		Not established	Somewhat established	Fairly well-established	Well established
The Elementary School Physical Education Program is taught by a K-12 certified physical education teacher.	School Compliance	1.85%	0.00%	3.70%	94.44%
The Elementary School Physical Education Program shall be guided by the Next Generation Sunshine State Standards.	School Compliance	1.85%	0.00%	7.41%	90.74%
Students in grades K through 5 shall have regular scheduled physical education for a minimum of 30 minutes, 2 days per week as prescribed in the district's Elementary School Operational Procedures for Scheduling Art, Music and Physical Education and by the district's current elementary school physical education staffing allocation formula.	School Compliance	1.92%	3.85%	5.77%	88.46%

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The Elementary School Physical Education Program class size shall be consistent with the self-contained classes of the regular classroom teachers as prescribed in the district's Elementary School Operational Procedures for Scheduling Art, Music and Physical Education and in the district's Elementary School Physical Education Program Appraisal Checklist: A Program Assessment and Program Improvement Planning Guide.	School Compliance	1.89%	1.89%	15.09%	81.13%
Elementary schools shall provide a daily 15-minute recess for all students as prescribed in the district's Elementary School Operational Procedures for a Daily 15-Minute Recess.	School Compliance	1.89%	0.00%	11.32%	86.79%
Health-related components of fitness are assessed annually through various strategies.	School Compliance	1.85%	3.70%	33.33%	61.11%
Motor skills are assessed through various strategies.	School Compliance	3.70%	1.85%	24.07%	70.37%
The Middle School Physical Education Program is adhering to the Department of Education Middle School Physical Education Curriculum and using the Next Generation Sunshine State standards as a guide.	School Compliance	0.00%	0.00%	15.79%	84.21%
Students in grades 6 through 8 shall have daily scheduled physical education for three years as prescribed in the district's Middle School Operational Procedures for Scheduling Physical Education, the district's Middle School Physical Education Program Appraisal Checklist: A Program Assessment and Program Improvement Planning Guide, the district's Student Progression Plan, and by the district's current middle school physical education staffing allocation formula.	School Compliance	10.53%	0.00%	36.84%	52.63%

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State statute and School Board action allows grades 6-8 to waive state and local physical education requirements as prescribed in the Middle School Physical Education Waivers technical assistance document.	School Compliance	0.00%	5.26%	42.11%	52.63%
The Middle School Physical Education Program class size shall be no more than 40 to 1 student/teacher ratio as prescribed in the Middle School Operational Procedures for Scheduling Physical Education and the district's current middle school physical education staffing formula.	School Compliance	5.26%	26.32%	21.05%	47.37%
Health-related components of fitness are assessed annually through various strategies.	School Compliance	0.00%	4.55%	36.36%	59.09%
Motor skills are assessed through various strategies.	School Compliance	0.00%	0.00%	31.82%	68.18%
All middle school students are encouraged to participate in the district's Middle School Interscholastic Athletic Program that includes basketball, swimming, and track and field.	School Compliance	0.00%	5.88%	23.53%	70.59%
The High School Physical Education Program shall be guided by the Florida Department of Education High School Physical Education Course Descriptions.	School Compliance	8.33%	0.00%	25.00%	66.67%
All students in grades 9 through 12 shall be required to successfully complete 1.5 credits in physical education consisting of the following two state-required physical education courses and one local School Board required physical education course: -.5 credit "Personal Fitness" course (state requirement)-.5 credit physical education elective (state requirement)-.5 credit physical education elective (local requirement).	School Compliance	0.00%	0.00%	8.33%	91.67%

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State statutes and School Board action allow students to waive state and local physical education requirements as prescribed in the district's High School Operational Procedures for Physical Education Waivers.	School Compliance	0.00%	0.00%	27.27%	72.73%
Health-related components of fitness are assessed annually through various strategies.	School Compliance	0.00%	0.00%	45.45%	54.55%
Motor skills are assessed through various strategies.	School Compliance	0.00%	0.00%	27.27%	72.73%
All high school students are encouraged to participate in the district's High School Interscholastic Athletic Program that includes a variety of Florida High School Athletic Association sanctioned sports.	School Compliance	0.00%	0.00%	30.00%	70.00%
Adequate physical facilities are provided for the provision of health services in a school clinic.	School Compliance	0.00%	3.17%	11.11%	85.71%
The Annual Health Services Notification Letter and opt out letter are distributed to parents at the beginning of the school year and upon new student enrollment through the school year.	School Compliance	1.61%	4.84%	16.13%	77.42%
The Clinic is staffed by a full time Health Technician with supervision by a Registered Nurse.	School Compliance	1.56%	0.00%	1.56%	96.88%
At least 2 District staff are trained to provide health services for students if the Health Technician or Nurse are unavailable.	School Compliance	0.00%	6.25%	0.00%	93.75%
Support for the health of all students shall be demonstrated by assisting families with enrollment of eligible children in Medicaid , and Florida KidCare.	School Compliance	0.00%	13.33%	20.00%	66.67%
District and clinic staff assure that students are compliant with state immunization requirements.	School Compliance	0.00%	0.00%	6.67%	93.33%
Students in Kindergarten, 1st, 3rd, and 6th grade will be offered vision screening with parental notification of referral by the school nurse as needed.	School Compliance	0.00%	0.00%	0.00%	100.00%

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Students in 1st, 3rd, and 6th grade will be offered height, weight, and body mass index (BMI) screening with parental notification of high risk categories by the school nurse.	School Compliance	0.00%	0.00%	0.00%	100.00%
Students in 6th grade are offered scoliosis screening with parental notification of referral by the school nurse as needed.	School Compliance	0.00%	0.00%	0.00%	100.00%
Contract language of after school care programs offered on school campuses shall address the promotion of lifelong healthy nutrition and physical activity.	School Compliance	1.89%	1.89%	26.42%	69.81%
Schools shall provide health education to middle school students which covers topics such as nutrition and wellness, STD/teen pregnancy/HIV/AIDS education, benefits of sexual abstinence, family life, consumer health, injury prevention, personal health, tobacco/alcohol/drug education, dating violence education, and internet predator information, etc.	School Compliance	0.00%	5.00%	25.00%	70.00%
Schools shall provide health education to high school students including nutrition education which will be integrated into other areas of the curriculum such as Family and Consumer Sciences, Health Science, art, language arts, mathematics, music, physical education, science, and social studies.	School Compliance	0.00%	5.26%	42.11%	52.63%
The district's Wellness Policy Operational Procedures shall be considered in planning all school based activities.	School Compliance	3.33%	5.00%	26.67%	65.00%
Schools shall include a student wellness goal in their School Improvement Plan to facilitate a healthy school environment.	School Compliance	24.14%	10.34%	8.62%	56.90%

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Schools shall complete an inventory and action plan to assist the school in meeting the minimum goals of the Alliance for a Healthier Generation Health Schools Program.	School Compliance	3.45%	22.41%	15.52%	58.62%
Schools shall be encouraged to provide community access and encourage students, staff, and community members to use the school's physical activity facilities outside of the normal school day and/or school hours. These facilities shall also be available to community agencies and organizations offering physical activity programs.	School Compliance	17.24%	10.34%	18.97%	53.45%
Schools shall adhere to the guidelines for serving and selling food and beverages at snack time, celebrations, parties, fundraisers, and other school related activities as prescribed in the State Board of Education Rules, **6-7.042(2c).	School Compliance	0.00%	3.33%	20.00%	76.67%
Schools shall provide a supportive and nurturing environment that includes school counseling, social workers, mental health counseling, and psychological services.	School Compliance	0.00%	3.28%	4.92%	91.80%
These counseling services are offered to encourage students and families to request assistance when needed and help link them to school and community resources as appropriate.	School Compliance	0.00%	3.23%	3.23%	93.55%
Schools are encouraged to participate in district sponsored special events that promote lifelong healthy nutrition and physical activity such as the annual "We Believe in Children 5K Run/Walk," the annual "No Sweets for a Week," the annual "No TV for a Week," etc.	School Compliance	3.23%	4.84%	22.58%	69.35%
Schools shall inform students and their families about community-based programs and activities that promote lifelong physical activity.	School Compliance	0.00%	11.48%	24.59%	63.93%

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Schools are encouraged to support community-based organizations' physical activity events such as "Jump Rope for Heart," "Hoops for Heart," "Heart Walk," "Walk for Diabetes," "Relay for Life," etc.	School Compliance	0.00%	6.45%	12.90%	80.65%
Schools shall include an employee wellness goal in their School Improvement Plan to address the wellness needs of their faculty and staff.	School Compliance	20.34%	10.17%	20.34%	49.15%
Schools shall provide information to all employees about the wellness programs and services provided by Marathon Health.	School Compliance	0.00%	0.00%	18.46%	81.54%
Schools, via the school Wellness Coordinators, shall develop and implement employee wellness activities.	School Compliance	0.00%	10.77%	24.62%	64.62%
Each school shall have a School Wellness Team as one of its formal School Improvement Plan sub-committees to provide needed infrastructure and to facilitate the implementation of the district's Wellness Policy Operational Procedures.	School Compliance	0.00%	11.67%	13.33%	75.00%
The School Wellness Team shall be patterned after the eight components in the Centers for Disease Control and Prevention (CDC) Coordinated School Health Program (CSHP) model – (1) Health Education; (2) Physical Education; (3) Health Services; (4) Nutrition Services; (5) Counseling, Psychological, and Social Services; (6) Healthy School Environment; (7) Health Promotion for Staff; and (8) Family and Community Involvement.	School Compliance	5.08%	18.64%	20.34%	55.93%
In each school, the principal or designee shall ensure compliance with the district's Wellness Policy Operational Procedures.	School Compliance	1.67%	3.33%	10.00%	85.00%

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School food service staff, at the school and district level, shall ensure compliance with nutrition policies within school food services areas.	School Compliance	0.00%	1.49%	8.96%	89.55%