



2014-2015 Wellness Policy Operational Procedures

School Board Update

Public Law 108-265

- Public Law 108-265 requires school districts participating in the National School Lunch Program and School Breakfast Program to establish a local wellness policy
- In accordance with State Statute Section 18 of Section 1003.453 school districts are required to
 - annually review their school wellness policy
 - provide a procedure for public input and revisions

Wellness Policy

- **The Superintendent shall establish a district School Health and Wellness Advisory Council (SHWAC), patterned after the eight components of the Centers for Disease Control and Prevention (CDC) Coordinated School Health Program (CSHP) model**
- **The Superintendent will direct SHWAC to develop, implement, monitor, review, and revise annually the district wide Wellness Policy Operational Procedures which, at a minimum, includes:**
 - Goals for nutrition education
 - Goals for physical activity
 - Goals for other school-based activities to promote student wellness
 - Nutritional guidelines for all foods available on the school campus during the day, with the objectives of promoting student health and reducing childhood obesity
 - Assurance that the guidelines for reimbursable school meals are not less restrictive than federal requirements
 - Plans for evaluating implementation of the operational procedures

SHWAC

- Purpose: develop, implement, monitor, review, revise annually the District Wellness Policy and Procedures.

- Committee Member Chairs:

- Health Education Aisha Adkison

- Physical Education Casandra Waller

- Health Services Martha Hanna

- Nutrition Services Jaleena Davis

- Counseling/Psychological/Social Services Lisa Joyner

- Healthy School Environment Bryan Oakes

- Health Promotion for Staff Pat Palmer

2014-2015

Wellness Policy
Operational
Procedures
Progress



School Food Service Progress

Overall

- Fully implemented 2010 Healthy, Hunger Free Kids Act

Strengths

- 98% say whole grain is always served
- 89% of respondents feel that students are encouraged to start each day with a healthy breakfast
- 80% say Food Services offers a la carte items that are in line with 2010 Healthy, Hunger Free Kids Act
- 92% say Food Services employees exhibit an attitude promoting optimal customer relations

School Food Service Progress

Goals

- Develop new menus and recipes based on student preferences that are compliant with Healthy, Hunger Free Kids Act
- Increase participation through implementation of Community Eligibility Program (CEP)



Physical Education Progress

Overall

- Physical education is supported in our district

Strengths

- K-12 certified physical education teachers teaching physical education
- Willingness of the physical education programs to implement new and innovative programs



Physical Education Progress

Goals

- Focus on student engagement, purposeful movement and quality physical education
- To educate the classroom teacher on the importance of movement to increase brain activity
- Increase annual subject specific professional development opportunities to PE teachers

Health Education Progress

Overall

- Partnership with USTA continues
- Nutrition and wellness labs in secondary schools used for semester health education courses for students
- Culinary Arts Academy instructors continue summer training at Johnson and Wales University earning their Food Service Manager certification
- State and National Health Occupations Students of America (HOSA) competitions

Strengths/Recognition

- Jett Crowdis, Anish Gupta, Krisha Gupta and Shayli Patel -2nd place in HOSA Bowl
- Nada Eldawy, Maddie Hawkins , Elizabeth Kim and Holley Meaney – 3rd place in Medical Innovation
- Dana Jaalouk – 5th place in Epidemiology
- Kailai (Lisa) Han – 6th place in Healthy Lifestyles

Health Education Progress

Goals

- Continue to provide professional development about current health issues
- Provide quality health education to students



Health Services Progress

Overall

- One Nurse in every 4-5 schools with 8 additional Nurses to support ESE and Pre-K programs
- One Health Support Technician assigned to each school to meet the health needs of students

Strengths

- Immunization Compliance:
 - Kindergarten – 94.1%
 - 7th Grade – 97.5%
- United Healthcare Childhood Obesity Project continues
- DOH Nurses/Health Educators introduced the 5-2-1-0 program in 6 elementary schools and continued it in the original 3 elementary schools

Health Services Progress

Goals

- Assist families to obtain immunizations and school physicals with limited community resources
- Meet health needs of students with shrinking budgets
- Increase the efficiency and effectiveness of School Health Services
- Increase health literacy

Counseling, Psychological and Social Services Progress

Overall

- Provide Mental health coverage based on financial resources for public school students K-12

Strengths

- Services provided at various school locations and out-patient services to Lakeview Center location
- Psychiatric component available through Lakeview Center for those who are referred

Counseling, Psychological and Social Services Progress

Goals

- Improve parental involvement in the follow-through/participation for mental health services recommended by school staff
- Provide mental health services to schools through utilization of Student Services departments: school social workers, school counselors, school psychologists and health services

Healthy School Environment Progress

Overall

- Continue to provide a safe and secure environment for all children and staff
- Continue to reduce the risk and environmental hazards within the school setting.

Strengths

- Administrative and district wide support and commitment
- Providing the education and instruction needed to establish a “Healthy School Environment”

Healthy School Environment

Goals

- Continue to implement District AED Program and Comprehensive Guide
- Create Safety Committees in all schools



Health Promotion for Staff Progress

Overall

- Promote employee wellness through utilization of the District's Center for Health and Wellness
- Encourage healthy lifestyle choices through Health Coaching and Comprehensive Health Reviews with the Center for Health and Wellness staff

Strengths

- Employee excitement for the Center for Health and Wellness
- Programs and services provided for employees through the Center for Health and Wellness

Health Promotion for Staff Progress

Goals

- 50% employee participation in the Comprehensive Health Review
- Implementation of District Policies that promote healthy lifestyles
- Healthier employees



